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# THERAPEUTIC SUPPORTS

At uLaunch, we are committed to enhancing your NDIS experience through our collaboration with Healthfind a leading multidisciplinary allied health team across Australia. Together, we provide comprehensive therapeutic supports aimed at fostering independence, improving well-being, and promoting community participation.

## What are NDIS Therapeutic Supports?

NDIS therapeutic supports are designed to enhance various aspects of daily life, focusing on improving independence, mobility, personal care, social interactions, and community engagement.

These supports fall under the 'Capacity Building Supports' budget, empowering participants to access a range of therapies and interventions tailored to their needs.

## Types of Therapeutic Supports

Therapeutic supports are categorised into three main areas under Capacity Building Supports:

### 1. Improved Daily Living

Enhancing independence, confidence, and community integration through therapy and support services.

### 2. Improved Health and Well-being

Promoting health management and improvement through mental health supports, exercise physiology and rehabilitations.

### 3. Improved Relationships

Supporting social skill development and behavioural interventions to strengthen interpersonal interactions.

## Specialised Therapies

Our partnership with Healthfind ensures access to specialised therapeutic services which include:



### Exercise Physiology

Enhancing mobility, coordination, and fitness.



### Occupational Therapy

Building functional skills and aiding in daily activities.



### Psychologist

Support to manage stress, manage pain and overcome addiction.



### Social Work

Assisting with overcoming barriers and supporting overall health and wellbeing.



### Rehabilitation Counselling

Support to achieve personal, career, and independent living goals through a counseling process.

## Qualified Professionals

All therapeutic supports are delivered by accredited professionals dedicated to improving your quality of life. Through our collaboration with Healthfind, we ensure evidence-based interventions that prioritise your holistic health and well-being.

For more information on how uLaunch and Healthfind can support your NDIS journey, contact us today.

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